



Through the YMCA Strong Kids Campaign, people just like you come together to make their community stronger. Donations to the Strong Kids Campaign allow the YMCA to provide membership and program assistance to kids and families who might not otherwise be able to afford to pay for YMCA services.

How Can You Make an Impact?

You can **invest** in a child who is just learning to swim, shoot a basketball or make new friends in YMCA youth programs. Your investment will yield a child who is a little safer, a little wiser and having a lot more fun!

You can **give** a teen the opportunity to learn valuable leadership skills and build relationships through values-based YMCA teen programs.

You can **allow** families to have peace of mind by giving them access to the safe, family-oriented YMCA where people of all ages can relax, play and connect.

You can **share** the YMCA with others in the community who can benefit from programs that build a healthy spirit, mind and body.

By contributing to the YMCA Strong Kids Campaign, you are making a difference in the life of a child today and in our community for tomorrow.

EACH DOLLAR CONTRIBUTED TO THE YMCA STRONG KIDS CAMPAIGN GOES DIRECTLY TO MAKING YMCA PROGRAMS AND MEMBERSHIPS AVAILABLE TO THOSE IN NEED. **PLEASE HELP US HELP KIDS.** YOUR TAX-DEDUCTIBLE DONATION MAKES A DIFFERENCE!



YMCA of Florida's Emerald Coast
www.ecymca.org

Crestview Family YMCA
298 North Wilson Street
Crestview, FL 32536
850.689.2999

Destin YMCA Aquatic Center
4345 Commons Drive West
Destin, FL 32541
850.837.8440

Ft Walton Family YMCA
1127 Hospital Road
Ft Walton Beach, FL 32547
850.863.9622

Niceville Family YMCA
1031 E. John Sims Parkway
Niceville, FL 32578
850.897.9622

Walton County YMCA
112 Hwy 20 West
Freeport, FL 325
850.835.1223

To donate online:
www.ecymca.org/giving/annual-sustaining-campaign/

YMCA Mission
To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

YMCA of Florida's Emerald Coast



2010 YMCA
Strong Kids
campaign

With a commitment to making programs and services available to everyone, the **Emerald Coast YMCAs provided \$147,692 in scholarships and program subsidies last year.** We ask that you give generously so that more kids and families in our community can share the YMCA experience.

MAKE A DIFFERENCE IN THE LIFE OF A CHILD TODAY!

YOUR GIFT OF....

\$50 TEACHES A CHILD TO BE SAFE IN THE WATER THROUGH SWIM LESSONS.

\$110 PROVIDES TWO WEEKS OF QUALITY AFTER SCHOOL CARE

\$320 SPONSORS A CHILD FOR A MONTH OF SUMMER CAMP.

\$500 PROVIDES ONE YEAR MEMBERSHIP FOR AT RISK TEENS WHO NEED A SAFE & POSITIVE ALTERNATIVE ENVIRONMENT.

\$1,000 WILL ENROLL THREE ACTIVE OLDER ADULTS IN ONE YEAR OF ARTHRITIS CLASS

\$136,000
a **BIG** goal
that makes a
BIG
difference



FUTURE DOCTOR



FUTURE TEACHER



FUTURE LAWYER



FUTURE SCIENTIST

YMCA PROGRAMS - MAKING A DIFFERENCE

We believe that all children deserve the experience of YMCA programs, regardless of the financial difficulties their families might be facing. YMCA programs such as child care, swim lessons, youth sports and teen leadership programs do more than teach skills; they teach confidence, responsibility, and resiliency. These experiences have a strong impact on kids, helping them grow into healthy, contributing adults.

HELP US HELP THEM

Please consider a tax-deductible contribution today. Your generosity helps us to make a difference in the community. You can be a part of that difference!

MAKING A DIFFERENCE LOCALLY

Meet a Fort Walton Family YMCA 100 Mile Swim Club Member...

Gerald Loudermilk was born with several birth defects. Through a dedicated family and medical attention he was able to overcome most of his medical challenges. However, he did have a medical condition that caused him to lose his eyesight during his senior year in high school, but he graduated from high school and now lives independently in our community.

Gerald's one wish was to learn how to swim at the YMCA. With the help of the YMCA Strong Kids Campaign, Gerald qualified for financial assistance that allowed him to take swim lessons and personal training sessions which built his strength and endurance to be able to swim effectively.

That was two years ago. Now, not only can Gerald swim, in October 2009 he joined the 100 Mile Club at the Fort Walton Family YMCA. "I am having my best time swimming" Gerald states every Monday morning at the YMCA when he swims his laps. Gerald has become a regular at the YMCA and even performs musical entertainment at the YMCA's Annual Christmas Party.

I Love the Destin YMCA Pool...

My name is Rosemarie Rudzki. I've been a member of the Destin Family YMCA for over 18 years. I have Multiple Sclerosis and was diagnosed over 35 years ago. I honestly can say if it wasn't for Sue Goetz (YMCA Instructor) and her low-impact water aerobics class I would not be as mobile as I am today. I need a shadow water work-out for my legs. I was able to use the competition pool some in the warm months because of the convenient chair lift. My greatest disappointment is that we can not use our local pool year round. I guess half a loaf is better than none. Thank you Destin YMCA for providing these programs.