

Crestview Family YMCA & ROC- Recreational Outreach Center Pool Schedule

June 14 – July 30, 2010

ROC- Recreational Outreach Center & Crestview Family YMCA Pool SCHEDULE - Effective June 14, 2010							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:00 –8:00am	ROC Water Walkers	ROC Water Walkers	ROC Water Walkers	ROC Water Walkers	ROC Water Walkers		
8:00 – 9:30	Swim Team	Swim Team 8-10	Swim Team	Swim Team 8-10	Swim Team	Closed	CLOSED
9:30 – 10:30 am	Y Water Aero. Shallow/Lap		Y Water Aero. Shallow/Lap		Y Water Aero. Shallow/Lap	Closed	CLOSED
10:30 11:30						Y Swim Lessons/Lap	
11:30 – 12:30	ROC Child Care	ROC Child Care	ROC Child Care	ROC Child Care	ROC Child Care	Y Swim Lessons/Lap	CLOSED
12:30 – 1:30	ROC Child Care	ROC Child Care	ROC Child Care	ROC Child Care	ROC Child Care	Y Rec Swim/Lap	CLOSED
1:30 – 2:30	ROC Rec Swim/Lap	Y Rec Swim/Lap	ROC Rec Swim/Lap	ROC Rec Swim/Lap	ROC Rec Swim/Lap	Y Rec Swim/Lap	CLOSED
2:30 – 3:30	ROC Rec Swim/Lap	Y Rec Swim/Lap	ROC Rec Swim/Lap	ROC Open Swim	ROC Rec Swim/Lap	Y Rec Swim/Lap	CLOSED
3:30 – 4:30	ROC Rec Swim/Lap	Y Rec Swim/Lap	ROC Rec Swim/Lap	ROC Open Swim	ROC Rec Swim/Lap	Y Rec Swim/Lap	CLOSED
4:30 – 5:30	ROC Rec Swim/Lap	Y Rec Swim/Lap	ROC Rec Swim/Lap	ROC Open Swim	ROC Rec Swim/Lap	CLOSED	CLOSED
5:30 – 6:30	Y Water Aero Shallow/Lap	Y Swim Club	Y Water Aero Shallow/Lap 5-6	Y Swim Club	Y Water Aero Shallow/Lap	CLOSED	CLOSED
6:30 – 7:30	Y Rec Swim/Lap	Y Swim Club	CLOSED	Y Swim Club	CLOSED	CLOSED	CLOSED
7:30 – 8:00	Y Rec Swim/Lap	Y Rec Swim /Lap	CLOSED	Y Rec Swim/Lap	CLOSED	CLOSED	CLOSED
<p>** Recreational Swim as scheduled. ** Two lap lane available at all times. *** SCHEDULE SUBJECT TO CHANGE</p>							